

## Episode #416 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on [Facebook](#), Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much. [Click here](#) to find out more ways you can help us!

I appreciate each and every one of you...



– Kate & Justin (and Maggie)

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## **Show Notes For This Episode:**

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- The EM Wave**
- The Trifield Meter**
- Dr. Gabriel Cousens**
- There Is A Cure For Diabetes**
- President John Adams Whole Food Eating**
- How To Find A Corrective Chiropractor by John Bergman**
- Dr. Shane Hand**
- Dr. Bergman on Goal Setting**
- 100 things to do be or become (*Anybody have a link for this??*)
- Dr. Bruce Lipton on epigenetics**
- Dr. DEMartini**
- Dr. Sara Gottfried on hormones**
- Nikki Moses – Moses Nutrition**
- Dr. Lawrence Wilson Hair Analysis**
- Mind Over Medicine**
- Dr. Lissa Rankin**

## **Featured Products For This Episode:**

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- The Relax Far Infrared Sauna
- The Q-1000NG Soft Laser
- Chemical Free Organic Skincare!
- Activation Products – Ocean's Alive & Magnesium