



Episode #414 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on [Facebook](#), Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much. [Click here](#) to find out more ways you can help us!

I appreciate each and every one of you...



– Kate & Justin (and Maggie)

Sponsor For This Episode:

Bellicon Rebounders – Increase bone density, improve circulation, detoxify your lymphatic system and more!

• **The Medical Biomat** – Detox, improve circulation with healing light and crystals.

Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- [Owners-Guide Webinars](#)
- The Bates Method
- Dr. Ed Kondrot on eye health
- Man gets infection from contact lenses
- Brave New World
- Dr. Mary Newport coconut oil episode
- Relax To Clarity
- Owners-Guide Cruise

Featured Products For This Episode:

We are now commercial free but only if you [click here to support us](#) to keep making commercial free shows! 😊

- [The Relax Far Infrared Sauna](#)
- The Q-1000NG Soft Laser
- Chemical Free Organic Skincare!
- Activation Products – Ocean's Alive & Magnesium

