



## Episode #410 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on [Facebook](#), Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much. [Click here](#) to find out more ways you can help us!

I appreciate each and every one of you...



– Kate & Justin (and Maggie)

### Sponsor For This Episode:

**The EHR Store!** – Cutting edge health products added on a regular basis. Get great deals!

• **Amazon.com** – Thanks for bookmarking our Amazon link and using that to make your purchases. Every little bit helps. Thank you!!

## Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- Thrive Market
- Nikki Moses
- Dr. Kim Kelly
- David Wolfe– [see books](#)
- Tony Pantalleresco
- Kevin Behan on dog training
- Your Dog Is Your Mirror Book
- Dr. Lawrence Wilson on hair analysis– [see books](#)
- Atom Bergstrom on chronobiotic eating– [see books](#)
- Mary O'Malley
- What's In The Way Is The Way Book
- Lissa Rankin
- The Fear Cure Book
- Sugar Article by Justin
- Keri Gray Green Health Insurance

## Featured Products For This Episode:

We are now commercial free but only if you [click here to support us](#) to keep making commercial free shows! 😊

- [The Relax Far Infrared Sauna](#)
- The Q-1000NG Soft Laser
- Chemical Free Organic Skincare!
- Activation Products – Ocean's Alive & Magnesium

