

Episode #389 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on <u>Facebook</u>, Twitter and to your friends! :)

And thank you to those of you who have donated on <u>Patreon</u> or supported us from our <u>store</u> and bookmarked our <u>Amazon link!</u> We love you so much. <u>Click here</u> to find out more ways you can help us!

I appreciate each and every one of you...



Kate & Justin (and Maggie)

Show Notes For This Episode:

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- Dynamic Meditations
- •Osho see books
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- Dr. Koch cancer doctor
- Christopher Walken
- •Ivan Paylov see books
- •Sigmund Freud see books
- Alfred Adler
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- Methuselah
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Commercial #3 – The Q-1000 Laser

Commercial #4 – The Relax FAR Infrared Sauna