



Episode #386 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on [Facebook](#), Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much. [Click here](#) to find out more ways you can help us!

I appreciate each and every one of you...



– Kate & Justin (and Maggie)

Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- [Our Patreon Account](#)
- [David Wolfe](#) – [see books](#)
- [American Medical Library Association](#)
- [Stemgevity](#)

- [Stephen Heuer](#) – [see his products](#)
- [Pritikin diet](#)
- [10 min video on ALS](#)
- [Our chiropractor Dr. John Bergman](#) – [see books](#)
- [the brain therapeutics medical clinic](#)
- Dr. Steenblock's phone number: 949-367-8870

Chat Room Links Shared

<http://www.soundhealthoptions.com/#!political-plays/c1ax5>

<https://www.youtube.com/user/extremehealthradio>

<http://www.realtimelab.com/healthcare-mold-and-mycotoxin-information>

<http://www.sgn80.com/medix4life-stem-cell-activators>

<http://www.amymyersmd.com/2015/03/the-autoimmune-solution-pillar-iii-tame-the-toxins/>

<http://store.amymyersmd.com/shop/glutathione-300-mg/>

Commercials During This Episode:

We are now commercial free but only if you [click here to support us](#) to keep making commercial free shows! 😊

- [Bellicon Rebounders](#)
- [The FAR Infrared Sauna](#)
- [Good Morning Good Evening Moving Meditations](#)
- [100% Natural Skincare Line](#)