

## **Episode #374 Show Notes**

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on <u>Patreon</u> or supported us from our <u>store</u> and bookmarked our <u>Amazon link</u>! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

## Show Notes For This Episode:

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- Build Energy with Qigong
- •Dr. Stuart Nunnally
- •Onnit.com
- •The Warrior Poet Podcast
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- •Alpha Brain
- •Dr. Dan Engle
- •Crossroads Ibogaine Clinic
- •Amber Lyon
- •Terence Mckenna
- •The Spirit Molecule Movie
- •The SI Board
- •Ron Becker on Floating
- •DeFranco's Gym
- Organic lingerie by Ohganix
- <u>Sacred Science</u>
- •David Wolfe see books
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- •Zoolander

## **Commercials During This Episode:**

- •Commercial #1 Donate \$1 or \$2 dollars Per Podcast!
- <u>Commercial #2 Build Energy with Qigong</u>
- <u>Commercial #3 Q-1000 Low Level Laser Therapy</u>