

Episode #370 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- Squatty Potty
- Qigong Longevity Exercises
- Medical Biomats For Healing
- The Yoga Trapeze
- Temple of the Way of Light

- Santo Daimé
- Rick Doblin founder of maps – [see books](#)
- DMT the Spirit Molecule
- Rick Strassman – [see books](#)
- The Sonoran desert toad (Bufo alvarius) – venom contains 5-MeO-DMT
- Float tanks
- Newport Float
- Dr. Jennifer Daniels on turpentine – [see books](#)
- Ram Dass – [see books](#)
- Jack Kornfield – [see books](#)
- Mary Attalla interview
- Dr. Andrew Hill
- Wizard of the Upper Amazon
- Native American Peyote Church
- 70% of Americans are on drugs

Commercials During This Episode:

- Commercial #1 – Bellicon Premium rebounders
- Commercial #2 – Get free shipping on your Vitamix
- Commercial #3 – Q-1000 Low Level Laser Therapy
- Commercial #4 – Healthy Raw Dog Food
- Commercial #5 – Raw Organic Whey Protein Powder

