



## Episode #359 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

### Show Notes For This Episode:

[Help support us so we can remain commercial free! Don't worry it's easy!](#)

- [One World Whey Protein Powder](#)
- [Vitamix Blenders](#)
- [Raw Chef Uncooking Program](#)
- [Omron Personal Nebulizers](#)
- [Medical Biomats For Healing](#)

- [10 Americans Documentary](#)
- [Naked And Afraid TV Show](#)
- [Skinny Bitch Book](#)
- [The China Study Book](#)
- [Dr. Lawrence Wilson on toxicity in animals](#) – [see books](#)
- [Aajonus Vonderplanitz on raw animal foods](#) – [see books](#)
- [Dr. John Bergman our chiropractor](#) – [see books](#)
- [Don Jansen on Ocean Grown Wheatgrass](#)
- [Thalassa Mix](#)
- [The Vortex Brewer](#)
- [Meridian Grace](#)
- [Our New Patreon Link](#)

## **Commercials During This Episode:**

- [Commercial #1 – One World Whey Protein Powder](#)
- [Commercial #2 – Vitamix Blenders](#)
- [Commercial #3 – Raw Chef Uncooking Program](#)
- [Commercial #4 – Omron Personal Nebulizers](#)
- [Commercial #5 – Medical Biomats For Healing](#)

