



Episode #357 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- Qigong Energy Course
- Relax FAR Infrared Sauna
- One World Whey Protein Powder
- Colostrum
- Hippocrates Health Institute – Healing Our World Magazine

- [Serenity Gardens Costa Rica](#)
- [Three Roots Wellness](#)
- [Dr. Jennifer Daniels on Turpentine & Candida](#) – [see books](#)
- [The Relax FAR Infrared Sauna](#)
- [The Life Straw](#)
- [Berkey Water Filters](#)
- [The Flavor Chef Bone Broth](#)
- [LaShanda Greene on Iridology](#)
- [Dr. Stuart Nunnally our biological dentist](#)
- [Dr. Alison Adams](#) – [see books](#)
- [Dr. Hal Huggins](#) – [see books](#)
- [Qigong Moving Meditations](#)
- [5 Rites Exercise](#)
- [Ahlea Khadro](#) – [see books](#)
- [Heather Dane](#)
- [Loving Yourself To Great Health](#)
- [Louise Hay](#) – [see books](#)
- [Dr. Jerry Tennant Biomodulators](#) – [see books](#)
- [Rife Technology](#)
- [Katy Bowman on Biomechanics And Human Movement](#) – [see books](#)
- [My Countdown Timer Web App](#)
- [73 Year Old Man Who Moves Amazingly Well](#)
- [The Flexner Report](#)
- [Jeremiah Cunningham's The World's Best Eggs](#)
- [Dr. John Bergman Our Chiropractor](#) – [see books](#)
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NEWS HEADLINES:

- Facts about eggs
- Measles Outbreak At Disneyland

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Commercials During This Episode:

- Commercial #1 – Qigong Energy Course
- Commercial #2 – One World Whey Protein Powder
- Commercial #3 – Relax FAR Infrared Sauna