

Episode #355 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- The Relax FAR Infrared Sauna
- Bellicon Rebounders
- Dr. John Bergman our chiropractor – [see books](#)
- Dr. Bergman Cruise
- Dr. Maruso Emoto Messages in Water

- JoinTheKitchenTable.com
- [The 4 Agreements Book](#)
- [Jim Rohn](#) – [see books](#)
- [Rich Dad Poor Dad](#)

Commercials During This Episode:

- [Commercial #1 – The Relax FAR Infrared Sauna](#)
- [Commercial #2 – Bellicon Rebounders](#)