



Episode #352 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

Show Notes For This Episode:

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- [Q-1000 Laser](#)
- [Relax FAR Infrared Sauna](#)
- [Yoga Trapeze](#)
- [Olive Leaf Extract](#)
- [Liv-On Labs Vitamin C](#)

- [Great Lakes Gelatin](#)
- [Dr. Axe Article](#)
- [Diving Deep Videos](#)
- [Meridian Grace](#)
- [Colostrum](#)
- [Dr. Frank Shallenberger](#) – [see books](#)
- [Dr. Robert Rowen](#) – [see books](#)
- [Yoga Woman Movie](#)
- [Lethal Beauty Movie](#)
- [Morrocco Method Hair Care](#)
- [Cheryl Richardson](#) – [see books](#)
- [The Art of Extreme Self-Care: Transform Your Life One Month at a Time](#)
- [Don Miguel Ruiz The 4 Agreements](#)
- [Dr. John Bergman](#) – [see books](#)
- [Bruce Fife on coconut oil](#) – [see books](#)
- [Professor Brian Peskin on Parent Essential Oils](#) – [see books](#)
- [YES Supplements](#)
- [Berkey Water Filters](#)
- [Chanson Water Systems](#)
- [Friends of Water](#)
- [Dr. Rhonda Patrick](#)
- [Garry Tibbo](#)
- [Magnificent Mind at Any Age: Natural Ways to Unleash Your Brain's Maximum Potential](#)
- [Man's Search For Meaning](#)
- [Tisha Morris Feng Shui](#) – [see books](#)
- [Jim Carry Juiceman Video](#)
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NEWS HEADLINES:

- [Benefits of ghee](#)
- [Plant compound gets rid of cancer in 40 days](#)
- [Toxic Shampoo](#)
- [Lower cholesterol naturally](#)
- [How to get off your medications](#)
- [Overdose facts of taking medications](#)
- [Side affects of warfarin](#)
- 30 second chair test to see if you're healthy

Commercials During This Episode:

- [Commercial #1 – Qigong Energy Course](#)
- [Commercial #2 – Q-1000 Lasers](#)
- [Commercial #3 – Relax FAR Infrared Sauna](#)

