

## Episode #349 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

### Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- Less EMF
- Morocco Method Hair Products
- Qigong Energy Course
- The Raw Chef Program
- The Yoga Trapeze

- The 4 Agreements
- Danielle LaPorte The Desire Map

## **Commercials During This Episode:**

- Commercial #1 – Less EMF
- Commercial #2 – Morocco Method Hair Products
- Commercial #13- Qigong Energy Course
- Commercial #4 – The Raw Chef Program
- Commercial #5 – The Yoga Trapeze

