



Episode #346 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

Show Notes For This Episode:

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- [Relax FAR Infrared SaunaCare](#)
- [Qigong Energy Course](#)
- [One World Whey Protein Powder](#)
- [Interview with Sean Croxton](#)
- [Digestion Sessions Summit](#)

- [Atom Bergstrom](#) – [see books](#)
- [Bioastin Astaxanthin](#)
- [Dr. Jeff McCombs on candida](#) – [see books](#)
- [Dr. William Bailey](#)
- [Dr. Christopher Shade](#) on detoxification
- [Bill Wolcott](#) – [see books](#)
- [Dr. Dadamo blood type diet](#) – [see books](#)
- [Hay House](#)

Commercials During This Episode:

- [Commercial #1 – Relax FAR Infrared SaunaCare](#)
- [Commercial #2 – Qigong Energy Course](#)
- [Commercial #3 – One World Whey Protein Powder](#)

