



Episode #344 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- [BARF World Raw Dog Food](#)
- [FAR Infrared Sauna](#)
- [Qigong Energy Program](#)
- [Digestion Sessions Summit](#)
- [Dr. John Bergman our chiropractor](#) – [see books](#)

- [Dr. Jeff McCombs on Candida](#) – [see books](#)
- [Jim Carry the Juice Weazle](#)
- [Jay Kordich](#)
- [Deepak Chopra](#) – [see books](#)
- [Dr. Norman Robillard on digestion](#) – [see books](#)
- [Atom Bergstrom](#) – [see books](#)
- [Sean Croxton](#)
- [Paul Chek](#) – [see books](#)
- [The 5th Agreement](#)
- [Dr. Joe Dispenza](#) – [see books](#)
- [Les Brown motivational speaker](#) – [see books](#)
- [Dr. David Jubb](#) – [see books](#)
- [Annie Jubb](#)
- [Videos about language](#)
- [Caroline Myss](#) – [see books](#)
- [The One Thing I Learned From Great Athletes](#)
- [Sacred Hoops by Phil Jackson](#)
- [Ali The Movie](#)
- [The Pursuit of Hapyness with Will Smith](#)

Commercials During This Episode:

- [Commercial #1 – BARF World Raw Dog Food](#)
- [Commercial #2 – FAR Infrared Sauna](#)
- [Commercial #3 – Qigong Energy Program](#)

