

Episode #340 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- The Q-1000 Low Level Laser
- Qigong Energy Course
- Barf World Raw Pet Food
- One World Whey Protein Powder 21 grams of protein
- The Yoga Trapeze for stretching

- [Iona Teeguarden](#) – [see books](#)
- [Mary Burmeister](#) – [see books](#)
- [Dr. Stuart Nunnally](#)
- [Dr. Joe Dispenza](#) – [see books](#)
- [Dr. John Bergman](#) – [see books](#)
- [Tristan Truscott & Peter Ragnar show](#)
- [Roger Yanko Integral Institute for Qigong & Yoga](#)
- [Tree Over River Peaceful Music](#)
- [Bob Proctor](#) – [see books](#)
- [Urine Challenge](#)
- [Benefits of Urine Therapy](#)

Commercials During This Episode:

- [Commercial #1 – The Q-1000 Low Level Laser](#)
- [Commercial #2 – Qigong Energy Course](#)
- [Commercial #3 – Barf World Raw Pet Food](#)
- [Commercial #4 – One World Whey Protein Powder 21 grams of protein](#)
- [Commercial #5 – The Yoga Trapeze for stretching](#)

