

Episode #339 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- The Q-1000 Laser
- Less EMF
- Qigong Energy Program
- Raw Organic Grass Fed Protein Powder
- Dr. Joe Dispenza on the Placebo Affect – [see books](#)

- [Byron Katie](#) – [see books](#)
- [Loving What Is](#) book
- [LaShanda Green](#) iridologist
- [Louise Hay](#) – [see books](#)
- [The Raw Food World](#)
- [Dr. Alison Adams](#) biological dentist – [see books](#)
- [Danny Roddy](#) on hormones and hair loss – [see books](#)
- [Dr. Ray Peat](#) – [see books](#)
- [Dr. John Bergman](#) our chiropractor – [see books](#)
- [Kate's First Audio Blog](#)
- [Justin's First Audio Blog](#)
- [Mike Dooley](#) from TUT – [see books](#)
- [Steve Williams](#) on urine therapy
- [Alicia Diaz](#) on Ayurveda
- [David Favor](#) who drank gasoline as a child
- [Dr. Steven Hines](#)
- [Dr. Richard Massey](#)
- [Atom Bergstrom](#) – [see books](#)
- [Charee Balm](#) on essential oils
- [Liana Werner-Gray](#) – [see books](#) (use code **extremehealth** for a really big discount.
- [Marshall Applewhite](#)
- [The Template Ceremonies](#)
- [The Budwig Protocol](#) for healing cancer naturally

Commercials During This Episode:

- [Commercial #1](#) – [The Q-1000 Laser](#)

- Commercial #2 – Less EMF
- Commercial #3 – Qigong Energy Program
- Commercial #4 – Raw Organic Grass Fed Protein Powder

