



Episode #336 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- Morrocco Method Raw Hair Care Products
- The Q-1000 Laser
- The Crystal Healing Biomat
- Qigong Moving Meditations
- Her INSANE giveaway for EHR Listeners! – *Use promo code: extremehealth*

- On her weekly Radio show every Thursday 11am EST /8am PSD
www.HayHouseRadio.com
- [Bellicon Rebounders](#) (*best on the planet imho*)
- [Drew Canole](#) – [see his juicing program](#)
- [Sugar The Bitter Truth](#)
- [Bentonite Clay](#) (*tell them we sent you for free product on your 1st order!*)
- [Dr. Leonard Coldwell](#) – [see books](#)
- [Eckhart Tolle](#) – [see books](#)
- [Bruce Lipton](#) – [see books](#)
- [Jess Ainscough The Wellness Warrior](#) – [see books](#)

Commercials During This Episode:

Commercial #1 – Morocco Method Raw Hair Care Products

Commercial #2 – The Q-1000 Laser

Commercial #3 – The Crystal Healing Biomat

Commercial #4 – Qigong Moving Meditations

