

## Episode #332 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

### Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- [The Crystal Biomat](#)
- [Vitamix Blenders](#)
- [Austin Air Purifiers](#)
- [The Truth About Cancer Docu-Series](#)
- [Susan Smith Jones interview](#) – [see books](#)

- [Joy Factor, The: 10 Sacred Practices for Radiant Health](#)
- [Lissa Rankin](#) – [see books](#)
- [Gaiam TV](#)
- [Matt Stein on survivalism](#) – [see books](#)
- [Ebola Article](#)
- [Newport Float Therapy](#)
- [Tattoos after mastectomy](#)
- [Steve Williams on urine therapy](#)
- [Alicia Diaz on Ayurveda](#)
- [Deepak Chopra](#) – [see books](#)
- [Perfect Health](#)
- [Reinventing Yourself](#)
- [Amy Schuber Inspired Conversations](#)
- [Phil Jackson](#) – [see books](#)
- [Sacred Hoops](#)
- [Annmarie Gianni Skin Care](#)

## **Commercials During This Episode:**

[Commercial #1 – The Crystal Biomat](#)

[Commercial #2 – Vitamix Blenders](#)

[Commercial #3 – Austin Air Purifiers](#)



