



## Episode #331 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

### Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- The Q-1000 Laser
- BARF World Raw Dog Food
- The FAR Infrared Sauna
- Austin Air Purifiers
- Dr. Christopher Shade

- [Weston A Price](#) – [see books](#)
- [Dr. Hal Huggins](#) – [see books](#)
- [Mi Paste](#) (WARNING: Non fluoride version out of stock right now!)
- [Professor Brian Peskin on the dangers of fish oil](#) – [see books](#)
- [Dr. John Bergman our chiropractor](#) – [see books](#)
- [Ron Becker on floating](#)

## **Commercials During This Episode:**

[Commercial #1 The Q-1000 Laser](#)

[Commercial #2 BARF World Raw Dog Food](#)

[Commercial #3 The FAR Infrared Sauna](#)

[Commercial #4 Austin Air Purifiers](#)

