



## Episode #325 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

### Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- [BioAge Superfoods](#)
- [Carnivora Immune System Support](#)
- [BARF World Raw Dog Food](#)
- [Morrocco Method Hair Care](#)
- [Vitamix High Speed Blenders](#)

- [The Amethyst Crystal BioMats](#)
- [Rick Simpson cannabis oil](#) – [see books](#)
- [Aajonus Vonderplanitz eating raw meat](#) – [see books](#)
- [Dr. Stuart Nunnally our biological dentist](#)
- [Dr. Hulda Clark](#) – [see books](#)
- [Peter Ragnar & Tristan Truscott](#) – [see books](#)
- [Dr. John Bergman our chiropractor](#) – [see books](#)

## **Commercials During This Episode:**

[Commercial #1 – BioAge Superfoods](#)

[Commercial #2 – Carnivora Immune System Support](#)

[Commercial #3 – BARF World Raw Dog Food](#)

[Commercial #4 – Morrocco Method Hair Care](#)

[Commercial #5 – Vitamix High Speed Blenders](#)

[Commercial #6 – The Amethyst Crystal BioMats](#)



