

Episode #324 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on <u>Patreon</u> or supported us from our <u>store</u> and bookmarked our <u>Amazon link!</u> We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- LivOn Labs Vitamin C
- Essence Sea
- The Raw Chef Online Program
- Omron Portable Nebulizers
- •Relax FAR Infrared Saunas

- •Philip McCluskey see books
- •Dr. Andreas Kalcker see books
- •The Budwig Protocol
- •<u>Tony Robbins</u> <u>see books</u>
- Peter Ragnar
- <u>Daniel Vitalis</u> <u>see products</u>
- •EM Wave
- •The Power of Now
- •Man's Search for Meaning
- •Dr. John Bergman our chiropractor see books

Commercials During This Episode:

Commercial #1 – LivOn Labs Vitamin C

Commercial #2 - Essence Sea

Commercial #3 – The Raw Chef Online Program

<u>Commercial #4 – Omron Portable Nebulizers</u>

Commercial #5 - Relax FAR Infrared Saunas