

Episode #323 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

Show Notes For This Episode:

[Help support us so we can remain commercial free! Don't worry it's easy!](#)

- [BioAge Superfoods](#)
- [Carnivora Immune System Support](#)
- [Good Morning Good Evening Qigong](#)
- [Q-1000NG Laser](#)
- [Persistence hunting in Africa](#)

- One World Whey protein powder
- Dr. Gabriel Cousens – [see books](#)
- Dr. Richard Massey
- Meridian Grace
- Jim Rohn – [see books](#)
- Les Brown – [see books](#)
- Inna Segal intuitive healing – [see books](#)
- Dr. Alison Adams – [see books](#)
- David Wolfe – [see books](#)
- Don Miguel Ruiz
- Bach Flower Essences

Commercials During This Episode:

Commercial #1 – BioAge Superfoods

Commercial #2 – Carnivora Immune System Support

Commercial #3 – Good Morning Good Evening Qigong

Commercial #4 – Q-1000NG Laser

