

## Episode #319 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on Facebook, Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much.

I appreciate each and every one of you...



- Kate & Justin (and Maggie)

### Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- [Bellicon Rebounders](#)
- [The Relax FAR Infrared Sauna](#)
- [Dr. Steven Hines](#)
- [Jill Ayn Schneider healing cancer](#)
- [Macrobiotcs](#)
- [Dr. Robert Young](#) – [see books](#)

- [Danielle Walker](#) – [see books](#)
- [Vitamix Blenders](#)
- [Blendtec Blenders](#)
- [Ian Clark](#)
- [Oceans Alive 200% more concentration](#)
- [Chris Farely Video](#)
- [Chris Wark](#)
- [Stuart Wilde Infinite Self](#)
- [Larry Lytle](#)
- [Ed Park Longevity](#) – [Recharge](#)
- [The Joy Factor](#)
- [Nekter Juice Bar](#)
- [Joe Cross](#) – [see books](#)
- [Drew Canole](#) – [juice up your life](#)
- [Lorelai Gilmore](#)
- [Jim Rohn](#) – [see books](#)
- [Jim Carrey Juicy Jay skit](#)
- [Woody Allen](#)
- [The 4 Agreements](#)
- [Undisconnect The Colorado River](#)
- [Hay House World Summit](#)
- [Dr. Pieter DeWet Recall Healing](#) – [see books](#)
- [Dr. Bradley Nelson](#) – [the body code](#)
- [Dr. Alex Lloyd](#) – [the healing codes](#)

## **Commercials During This Episode:**

[Commercial #1 – Bellicon Rebounders](#)

[Commercial #2 – The Relax FAR Infrared Sauna](#)



