



Episode #308 Show Notes

I wanted to thank you so much for being a member of our newsletter community. I don't take that lightly and it's my goal to help you and serve you as much as I possibly can. Thanks for sharing our shows on [Facebook](#), Twitter and to your friends! :)

And thank you to those of you who have donated on [Patreon](#) or supported us from our [store](#) and bookmarked our [Amazon link](#)! We love you so much. [Click here](#) to find out more ways you can help us!

I appreciate each and every one of you...



– Kate & Justin (and Maggie)

Show Notes For This Episode:

Help support us so we can remain commercial free! Don't worry it's easy!

- [Essence Sea](#)
- [LivOn Labs Vitamin C](#)
- [Good Morning Qigong](#)
- [The Q-1000 Laser](#)

- The Relax FAR Infrared Sauna
- BioKleen Natural Cleaners
- The Murder of Christ – Wilhelm Reich
- Rolfing
- Foam Rollers
- Pranic Healing
- Bruce Lipton Interview – [see books](#)
- MovNat
- Pete Egoscue – [see books](#)
- Waking Tiger Healing Trauma
- Stuart Wilde
- Freedom by Osho
- Robert Kiyosaki – [see books](#)
- Jim Rohn – [see books](#)
- Power vs Force
- Dr. Joe Dispenza – [see books](#)
- 4 Arguments for the Elimination of Television
- Vitalizer Plus
- Nedelee Thomas from Chanson Water
- Dr. Masaru Emoto – [see books](#)
- Mountain Valley Spring Water
- Raw Water
- Viktor Schauberg – [see books](#)
- The Relax FAR Infrared Sauna
- Dr. Robert Cassar
- Dr. Ron Cusson from Essence Sea

Commercials During This Episode:

Commercial #1 – LivOn Labs Vitamin C

Commercial #2 – Good Morning Qigong

Commercial #3 – The Q-1000 Laser

Commercial #4 – The Relax FAR Infrared Sauna

Commercial #5 – Essence Sea